














Autumn Winter Menu 2024/25



Dates: 27th Jan, 17th Feb, 10th Mar, 31st Mar

| WEEK ONE | GREEN EARTH MONDAY | TUESDAY Street Food/Favourites | WEDNESDAY Roast | THURSDAY Pasta Plus | FRIDAY Chippy Day |
|------------|--|---|---|---|---|
| Option 1 | Cheese & Onion Pastry Roll with Potato Wedges  | Sausage Roll with Potato Wedges | Roast Chicken with Gravy, Stuffing & Roast Potatoes | Beef Pasta Bolognese  | Fish Fingers & Chips |
| Option 2 | Cheese & Tomato Pizza  | Vegetable sausage roll with Wedges  | Quorn served with Roast Potatoes & Gravy  | Cheese Flan with Potato Wedges  | Crispy Vegetable Fingers & Chips |
| Option 3 | Jacket Potato served with a choice of fillings | | | | |
| Option 4 | Freshly Made Sandwich - Ham, Cheese or Tuna | | | | |
| Option 5 | Pasta with Tomato & Basil Sauce | Pasta with Cheese Sauce | Pasta with Tomato & Basil Sauce | Pasta with Cheese Sauce | Pasta with Tomato & Basil Sauce |
| Vegetables | Selection of Vegetables  | Selection of Vegetables  | Selection of Vegetables  | Selection of Vegetables  | Baked Beans or Peas  |
| Dessert | Chocolate Mousse  | Shortbread biscuit | Chocolate Brownie | Fruity Strawberry Jelly | Chocolate shortbread  |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

| | | | | |
|---|---|--|--|--|
| Portion(s) of fruit or veg  | Source of wholegrain  | Contains plant-based proteins  | 50% fruit  | Oily fish  |
|---|---|--|--|--|












Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Autumn Winter Menu 2024/25

Dates: 3rd Feb, 24th Feb, 17th Mar, 7th Apr



| WEEK TWO | GREEN EARTH MONDAY | TUESDAY Street Food/Favourites | WEDNESDAY Roast | THURSDAY Pasta Plus | FRIDAY Chippy Day |
|------------|--|---|--|---|--|
| Option 1 | Cheese & Tomato Pizza  | Sausage & Mash | Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes | Garlic & Tomato Chicken Pasta Spirals | Fish Fingers & Chips |
| Option 2 | Cheese and onion roll | Vegetable Sausage & Mash  | Quorn Served with Roast Potatoes and gravy | Beany Vegetable Wrap With a side of Sunny Vegetable Rice  | Vegetable Sausage & Chips  |
| Option 3 | Jacket Potato served with a choice of fillings | | | | |
| Option 4 | Freshly Made Sandwich - Ham, Cheese or Tuna | | | | |
| Option 5 | Pasta with Tomato & Basil Sauce | Pasta with Cheese Sauce | Pasta with Tomato & Basil Sauce | Pasta with Cheese Sauce | Pasta with Tomato & Basil Sauce |
| Vegetables | Selection of Vegetables  | Selection of Vegetables  | Selection of Vegetables  | Selection of Vegetables  | Baked Beans or Peas  |
| Dessert | Crumble Bar  | Iced Carrot Cake  | Chocolate Shortbread/Pinwheels | Shortbread biscuit | Chocolate Oaty Slice |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

| | | | | |
|---|---|--|--|--|
| Portion(s) of fruit or veg  | Source of wholegrain  | Contains plant-based proteins  | 50% fruit  | Oily fish  |
|---|---|--|--|--|













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Autumn Winter Menu 2024/25



Dates: 20th Jan, 10th Feb, 3rd Mar, 24th Mar, 14th Apr

| WEEK THREE | GREEN EARTH MONDAY | TUESDAY Street Food/Favourites | WEDNESDAY Roast | THURSDAY Pasta Plus | FRIDAY Chippy Day |
|--------------------|--|--|---|---|---|
| Main Meal Option 1 | Ham and cheese pizza | Beef Lasagne  | Roast Chicken & Gravy, Stuffing and Yorkshire Pudding & Roast Potatoes | Beef & Vegetable Pie with Mash | Fish Fingers & Chips |
| Main Meal Option 2 | Cheese and tomato pizza  | Veggie mince lasagne  | Quorn served Roast Potatoes & Gravy  | Vegetable Meatballs, Tomato Sauce & Pasta  | Cheese & Onion Pastry Roll |
| Option 3 | Jacket Potato served with a choice of fillings | | | | |
| Option 4 | Freshly Made Sandwich - Ham, Cheese or Tuna | | | | |
| Option 5 | Pasta with Tomato & Basil Sauce | Pasta with Cheese Sauce | Pasta with Tomato & Basil Sauce | Pasta with Cheese Sauce | Pasta with Tomato & Basil Sauce |
| Vegetables | Selection of Vegetables  | Selection of Vegetables  | Selection of Vegetables  | Selection of Vegetables  | Peas or Baked Beans  |
| Dessert | Lemon Traybake  | Chocolate Cookie  | Chocolate Crunch 'Concrete' & Chocolate Sauce | Mousse | Vanilla Shortbread |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

| | | | | |
|---|---|--|--|--|
| Portion(s) of fruit or veg  | Source of wholegrain  | Contains plant-based proteins  | 50% fruit  | Oily fish  |
|---|---|--|--|--|

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